

DOVER-SHERBORN RAIDERS

Volume 6 Issue 5

Raider Nation Newsletter

April 16th, 2021

Football Honors 16 Seniors on Senior Night

Floating Season 2021

Records & Scores:

Varsity football: 3-1

34-22 vs. Dedham WIN

21-0 vs. Millis WIN

43-7 @ Bellingham LOSS

17-0 vs. Medway WIN

@ Norton 4/16/21 at 5 pm

@ Medfield 4/22/21 at 7 pm

JV Football: 2-1-1

22-12 @ Dedham WIN

12-8 vs. Millis WIN

14-14 vs. Bellingham TIE

31-6 @ Medway LOSS

vs. Norton 4/17/21 at 10 am

Football Senior Class of 2021:

Mikael Badeau, Aidan Britt,
Charlie Budd, Jacksen Carolan,
George Connors, Andrew Federico,
Mika Gatt, Collins Imade,
Eli Kaplan, Logan Lancaster,
Cameron Moghaddam, Nick Rinaldi,
Ben Wayne, Shayne Williams,
Captain Timothy Cofield &
Captain Oliver Ferrari

Congratulations & Good Luck Seniors!

The DS Raiders came ready to play on Friday, April 9th at 6:30 vs. the Medway Mustangs! DS held a convincing 14-0 lead at halftime. The team added 3 points to that lead, and held on to the shutout in the second half to finish with the hard fought win 17-0.



Varsity Football

Battles for 1st in TVL



The football team is currently 3-1 going in to tonight's 5 pm game on the road vs. Norton. They will battle for a three way tie for 1st place if they can pull off the victory in the Spring snow! Medway will need to beat Bellingham on Saturday, April 17th in order for the Raiders to tie for 1st place in the TVL Small Division. If Medway is able to pull off the upset, all three teams will have one loss a piece creating the three way tie for first! The football team has been led by senior captains, Tim Cofield (OL/DE) and Oliver Ferrari (TE/DE), along with junior captains, John Bennett (RB/DB) and Grady Russo (QB/DB). Some other key play makers this season have been Nick Rinaldi (WR/LB), Aidan Britt (RB/DB), Mikael Badeau (OL/LB), Ben Wayne (OL/DL), Henry Murphy (RB/LB/KICK), Aidan Hirsch (WR/DB), Dan Sullivan (QB/DB), Michael Polk (RB/DB), and Emilio Cabey (WR/DB).



JV Football Having it's Strongest Season in Years



The JV football team is 2-1-1 going into their last game of the season on Saturday, April 17th at home vs. Norton at 10 am. Pictured left vs. Millis is JV as they earned the win 12-8. Key play makers for the JV team this year have been Griffin Rossbottom (WR/DB), Garrett Webb (QB/DE), Mekhi Robinson (TE/LB), and Will Dummer (RB/LB). Head Varsity coach, Steve Ryan, also noted JV head coach, Rob Mosher, for his dedication and leadership.

Student Athletes Work Hard in Strength & Conditioning Program



The strength and conditioning program has had great success this Fall 2 season. Nineteen student athletes have participated in the seven week program, which has been run by strength and conditioning coach and middle school wellness teacher, Ben Butterfield. These student athletes are ready for the Spring season to start!

Winter Boston Globe All Scholastic Winners

Juniors, Ava Yablonski and Mica Bodkins earned Boston Globe All Scholastic honors in girls swimming and girls Nordic skiing this 2020-2021 winter season. Senior, Merritt Sullivan, earned Honorable Mention for the Boston Globe All Scholastic Honors in gymnastics. Yablonski has committed to the University of Minnesota for Swimming, while Bodkins continues her college search for Nordic Ski. Sullivan earned a full scholarship in ROTC, and is undecided on where she will attend school next Fall. Well done to all!

Ava Yablonski



Dover-Sherborn, junior

The junior finished with Dover-Sherborn's top times in every event, including a 59.57 mark in the 100 butterfly, and was undefeated this season. The Minnesota commit was named Tri-Valley League MVP for the third consecutive year.

Mica Bodkins



Dover-Sherborn, junior

A three-time All-Scholastic from Dover, Bodkins was second in Mass Bay East races and placed 11th in the Massachusetts Championship Cup. Also a varsity soccer player, she mountain bikes and is a member of the Cambridge Sports Union.

Merritt Sullivan



Dover Sherborn, senior

A first time All-Scholastic honorable mention winner from Dover. Sullivan earned a spot on the All MA Gymnastics Team.

Female Student Athlete Feature

Sabrina Ryan, Senior, Captain

Field Hockey, Basketball, & Football Manager

1. How long have you been playing basketball and field hockey, and how long have you been the football manager?

I have been playing basketball since I was in the third grade. When I was in early elementary school I didn't play soccer like most of the other girls, but I played flag football like my older brother and my dad helped coach. Football is huge in my family so this year I started being the manager. I played field hockey all four years at DS.

2. Have you played any other sports at DS? If so, what other sports and for how long?

I played field hockey for all four years and was a captain my senior year, and played basketball for all four years and was a captain both my senior and junior year. I tried both track and softball but neither were for me.

3. Do you plan to play any sports in college? If so, where? If not, what are your plans for next year? College? Major?

I plan on playing a club sport in college, preferably basketball because I have the most passion for it. I hope to go on a pre-med track but am currently still undecided on where I will end up.

4. Are you from Dover or Sherborn? What is your favorite thing about your town?

I am from Dover and my favorite thing about the town is the sense of community. It is a small town so everybody knows each other which can be nice especially in sports.

5. Interests outside of sports?

I love to take pictures. I recently got a new camera and would love to continue with photography maybe on the side when I get older.

6. Favorite food?

Annie's Mac and Cheese.

7. Favorite memory of playing Basketball at DS?

My favorite memory playing basketball at DS was either our win against Millis, because that year we also made tournament for the first time which was incredible to experience. Or this past year beating undefeated Medway. I was voted runner up for most competitive in the senior class so these games really brought out my competitiveness and it was overall just a great environment.

8. Best part of being on the DS Basketball Team?

The best part for me was the practices. We had so much fun and laughed so much I really enjoyed it. We even got to play dodge ball at least once every year it was honestly my favorite practice every time.

9. Any advice you have for your teammates in the grades below you?

I would tell them to enjoy it while it lasts because it flew by for me. I would also advise that they be vocal and continue to bring new ideas to the team.

10. Favorite class at DS?

My favorite class at DS is psychology because I feel like I understand it well when it is being taught to me and I would love to continue it in college.



Male Student Athlete Feature

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Oliver Ferrari, Senior, Captain

Football and Baseball

1. How long have you been playing football?

I have played for 10 years and enjoyed every second of it.

2. Have you played any other sports at DS? If so, what other sports and for how long?

I play baseball as well and have been playing that for most of my life. I also enjoy skiing with friends and family.

3. Do you plan to play any sports in college? If so, where? If not, what are your plans for next year? College? Major?

I am going to Suffolk University Business school in Boston. I look forward to competing in more strength and conditioning athletics such as running and Cross Fit. I never want to lose the competitiveness that sports give.

4. Are you from Dover or Sherborn? What is your favorite thing about your town?

I am born and raised in Dover. I love the friends and great people that make Dover-Sherborn a special place. My favorite thing is the welcoming atmosphere that strives to be the best they can.

5. Interests outside of sports?

When I am not in school or sports I spend a lot of my time on www.varsityjobs.co, a landscaping company that has employed 5 current and alumni varsity athletes to help us pay for college and other extracurriculars. I and a few others work before, between, and after school and sports, every day. Other than business, I enjoy hanging out with friends and family.

6. Favorite food?

Quarterbacks.

7. Favorite memory of playing football at DS?

It's difficult to choose, so many amazing memories have happened. I would say playing Middleborough junior year was special, they had kicked us out of the playoffs my freshmen year and that still stung. They showed up talking so much trash and in the first half dominated us sending us into a 7-35 deficit. In the most ridiculous upset, we won the game 42-41 and left the once overconfident team crying.

8. Best part of being on the DS Football Team?

I get to play with a great group of guys, who are striving to be better every day. Football is the most team-oriented sport, you are only as strong as your weakest link, so we work together to make each other stronger.

9. Any advice you have for your teammates in the grades below you?

There is no such thing as a bad team, only bad leaders. In order to be a leader learn to take ownership over your team's results, ask what can I do to get it fixed, and work your tail off to get what you want.

10. Favorite class at DS?

I really enjoy Chinese class and learning about the language and culture.



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Student Athlete of the Month...





Hometown Sports

Dover-Sherborn

Athlete of the Month

March 2021

Sport: Football
School: Dover-Sherborn High School

The Dover/Sherborn March Athlete of the Month is a captain and four-year varsity football player, Tim Cofield. When he started playing football in the 8th grade, he fell in love with the game instantly. It has been his passion ever since. Tim also played basketball in his sophomore and junior years.

The offensive and defensive lineman will lead the football team this year during the Fall 2 Floating Season, which started on February 22nd and runs until April 25th. The team will play a Tri Valley League small schedule against Dedham, Millis, Bellingham, Medway, and Norton.

Tim's favorite memory in his years on the football team happened during his junior year, in the postseason. The team overcame a 27-point deficit at halftime (down 34-7) to win 42-41. Cofield stated, "We never gave up and kept pushing and ended up turning the score around for the win."

Cofield, from Dorchester, plans on playing football while attending junior college next year.

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Sponsored by Jay Hughes of the Dover-Sherborn class of 1969. Jay is a longtime resident of Dover with deep roots in our community, having grown up, raised his family, and situated his business here. While attending Dover-Sherborn, Jay played three varsity sports: Football, Basketball, and Track & Field. Following his graduation from Harvard College, he returned to Dover to begin careers in both real estate and in municipal fire and rescue. In 2016, Jay retired from the Dover Fire Department after 50 years of service, with 23 years as Fire Chief. He remains a local fixture as he continues to oversee the bustling operation of Dover Country Properties, his real estate firm, located in the heart of Dover. A Dover-Sherborn Athletics Hall of Fame inductee, Jay is an avid supporter of our town's student athletes.

4 Walpole Street, Dover, MA 02030
Cell: 508-269-3322 • dovercountryproperties.com

Tim Cofield

Sign Up for Spring Sports on Family ID!

Spring sports start on Monday, April 26th! Sign ups are open until Sunday, April 25th at 11:59 pm. Please sign up ASAP so we can get you registered to play a Spring sport. You can sign up for baseball, softball, boys lacrosse, girls lacrosse, boys track and field, girls track and field, co-ed sailing, boys tennis, or girls tennis. If you are cut from a sport you are able to switch to track and field (non cut) the day after cuts are made. Please email Ms. Sullivan at sullivan@doversherborn.org if you would like to switch to track and field the day after cuts are made.

What do you need to do to be ready for tryouts on Monday, April 26th?!

1. Sign up on Family ID at <https://www.familyid.com/programs/2021-spring-season-2>.
2. Email a valid physical (good for 13 months) to Ms. Sullivan—email listed above.
3. Complete the IMPACT baseline concussion testing at home, which will be sent to you from our athletic trainer, Tanya Gallagher. If you have played a Fall, Winter, or Fall 2 sport this is already taken care of. You only need to do this if you have not played a sport yet this year. Tanya will email you link to complete this at home over April break.
4. Reach out to the team head coach to let them know you signed up. Many of the "Meet the Coach" night's have already happened and you'll want to know the tryout schedule. Remaining "Meet the Coach" Nights are on April 19th (Boys and Girls Track and Field), April 20th (Baseball), April 21st (Boys Lacrosse), April 22nd (Girls Lacrosse). Sailing, Boys Tennis, Girls Tennis, and Softball have already taken place. Head coaches and their emails are listed on the athletics website at <https://docs.google.com/spreadsheets/d/1G82VU2z6A15mFySX9c6TKFUU6VuVpwIoTT8PMvWDeik/edit#gid=0>.