



Consent and Release Form

I the undersigned parent/guardian of _____ ("my child"), a minor, do hereby consent to my child's participation in any and all F.A.S.T. Athletics' Programs.

I also agree to forever release F.A.S.T. Athletics from any and all claims, rights of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in F.A.S.T. Athletics' Programs.

I further affirm that I have read this CONSENT AND RELEASE FORM and that I understand the contents of this form. I understand that my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in F.A.S.T. Athletics programs. By signing this form, I affirm that I have decided to allow my child to participate in F.A.S.T. Athletics' Programs with full knowledge that the Release will not be liable to anyone for personal injuries and property damage my child or I may suffer in F.A.S.T. Athletics' Programs.

Parent Name (Please Print) _____

Parent Signature _____