

Dover Sherborn Regional Schools - RAIDERS' CAFÉ

March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
26 CRISPY CHICKEN Crispy Chicken Bites Roasted Sweet Potatoes Warm Texas Toast Tossed Salad Carrots, Celery & Red Pepper Sticks Juicy Pears	27 PIZZA DAY "Fresh" Pizza House Pizza Romaine Caesar Salad Quinoa Salad Carrot, Celery & Red Pepper Sticks Orange Wedges Assorted Puddings	28 CHICKEN PARMAESAN & PASTA Crispy Breaded Chicken w/Marinara Sauce & Cheese Pasta with Marinara Sauce Fresh Green Beans Romaine Caesar Salad Carrot, Celery & Red Pepper Sticks Juicy Pear Slices	1 MEATBALL SUB Tasty Italian Meatballs on a Soft WW Roll with or without Cheese Crispy French Fries Tossed Salad Carrot, Celery & Red Pepper Sticks Crisp Apples	2 SHREDDED BBQ PORK Tender Shredded Pork on a Soft Roll Spicy Spiral Fries Crunchy Cole Slaw Carrot, Celery & Red Pepper Sticks Sweet Cut Melon Giant Goldfish
5 CRISPY CHICKEN Crispy Chicken Tenders Crispy French Fries Tasty Corn Muffin Tossed Salad Carrots, Celery & Red Pepper Sticks Sweet Red Grapes	6 PIZZA DAY "Fresh" Pizza House Pizza Romaine Caesar Salad Tasty Chick Peas Carrot, Celery & Red Pepper Sticks Orange Wedges Assorted Puddings	7 MACARONI DAY Pasta with Marinara Sauce Tasty Italian Meatballs Lemon Zest Broccoli Romaine Caesar Salad Carrot, Celery & Red Pepper Sticks Sweet Juicy Peaches	8 TENDER PORK ROAST Delicious Roast Pork Fluffy Mashed Potatoes Warm Dinner Roll Apple Sauce Tossed Salad Carrots, Celery & Red Pepper Sticks Crisp Apples	9 CUP OF CHILI Delicious Beef & Bean Chili Tasty WG Tortilla Chips Sidewinder Twists Salsa, Cheese, Diced Onion & Tom. SC Tossed Salad Carrot, Celery & Red Pepper Sticks Sweet Cut Melon
12 BURGER BAR - BUILD YOUR OWN! Hamburger or Cheeseburger on a Soft Roll Vegetarian Baked Beans Crispy French Fries Lettuce, Tomato, Onion & Pickles Tossed Salad & Veggie Sticks Sweet Red Grapes	13 PIZZA DAY "Fresh" Pizza House Pizza Romaine Caesar Salad Quinoa Salad Carrot, Celery & Red Pepper Sticks Orange Wedges Assorted Puddings	14 MACARONI DAY Pasta with Marinara Sauce Tasty Tomato & Meat Sauce Roasted Sweet Potatoes Romaine Caesar Salad Carrot, Celery & Red Pepper Sticks Juicy Pear Slices	15 BUILD YOUR OWN FAJITA Tender Sliced Fajita Chicken Sautéed Onions & Peppers Steamy WG Rice Seasoned Black Beans L, T, O, Cheese, Salsa, SC & Avocado Carrots, Celery & Red Pepper Sticks Crisp Apples	16 SHAMROCK CHICKEN TENDERS Fluffy Mashed Potatoes Sweet Carrot Coins Golden Corn Muffin Tossed Salad Carrots, Celery & Red Pepper Sticks Sweet Cut Melon Shamrock Sugar Cookies
19 LOADED NACHOS Tasty WG Tortilla Chips Taco Seasoned Beef Lettuce & Tomato Sweet Corn & Beans L, T, O, Cheese, Salsa, SC & Avocado Carrot, Celery & Red Pepper Sticks Sweet Red Grapes	20 PIZZA DAY "Fresh" Pizza House Pizza Romaine Caesar Salad Tasty Chick Peas Carrot, Celery & Red Pepper Sticks Orange Wedges Assorted Puddings	21 EARLY RELEASE NO LUNCH	22 ASIAN CHICKEN Zesty Orange Asian Chicken Steamy WG Rice California Vegetable Blend Vegetable Egg Roll Bok Choy Salad Tangy Pineapple Fortune Cookie	23 FISH or CHICKEN & CHIPS Crispy Fish or Chicken Filet Spicy Spiral Fries Tasty Corn Muffin Crunchy Cole Slaw Carrot, Celery & Red Pepper Sticks Sweet Cut Melon Sugar Cookie
26 CRISPY CHICKEN Crispy Chicken Tenders Roasted Sweet Potatoes Tasty Corn Muffin Tossed Salad Carrots, Celery & Red Pepper Sticks Sweet Red Grapes	27 PIZZA DAY "Fresh" Pizza House Pizza Romaine Caesar Salad Quinoa Salad Carrot, Celery & Red Pepper Sticks Orange Wedges Assorted Puddings	28 MACARONI DAY Pasta with Marinara Sauce Tasty Italian Meatballs Fresh Green Beans Romaine Caesar Salad Carrot, Celery & Red Pepper Sticks Sweet Juicy Peaches	29 RED SOX 1st GAME! RED SOX vs TAMPA BAY 2-4-1 Hot Dogs on a Roll!!! Boston Baked Vegetarian Beans Crispy Potato Chips Carrots, Celery & Red Pepper Sticks Crisp Apples Ice Cream Sandwich	30 Good Friday No School

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Menus Subject to Change

Lunch \$3.50

Milk \$.70

Check Out Our Great Selection of Prepared Sandwiches and Salads

****All Meals Served with****

Fruit Choice

Vegetable Choice

Bread or Grain

Meat or Meat Alternate

Milk Choice

Local Dairy - Massachusetts Harvest of the Month!

Offered throughout the Year

Milk \$.70

Milk Choices

1% White Milk

Fat Free Chocolate Milk

Fat Free White Milk

Milk is included with Every Meal

Additional Lunch Options Below

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Deli Sandwich on a Roll OR Fresh Tuna on a Roll or PB & Jelly Sandwich OR Tossed or Caesar Salads Choice of Chicken, Tuna, Egg or Cheese & additional Vegetables OR Delicious Fresh Hot Pizza	Fresh Deli Sandwich on a Roll OR Fresh Tuna on a Roll or PB & Jelly Sandwich OR Tossed or Caesar Salads Choice of Chicken, Tuna, Egg or Cheese & additional Vegetables	Fresh Deli Sandwich on a Roll OR Fresh Tuna on a Roll or PB & Jelly Sandwich OR Tossed or Caesar Salads Choice of Chicken, Tuna, Egg or Cheese & additional Vegetables OR Delicious Fresh Hot Pizza	Fresh Deli Sandwich on a Roll OR Fresh Tuna on a Roll or PB & Jelly Sandwich OR Tossed or Caesar Salads Choice of Chicken, Tuna, Egg or Cheese & additional Vegetables	Fresh Deli Sandwich on a Roll OR Fresh Tuna on a Roll or PB & Jelly Sandwich OR Tossed or Caesar Salads Choice of Chicken, Tuna, Egg or Cheese & additional Vegetables

How to Find Your Lunch!

**Door #1 - Pre-made Salads & Deli Sandwiches,
Pizza & Hot Sandwiches**

Door #2 - Pizza & Hot & Cold Sandwiches

Door #3 - Main Meal of the Day

Door #4 - Main Meal of the Day

Large Assortment of Fresh Fruits & Vegetables to Complete Your Meal on All Serving Lines

Ask us about our Vegan and Vegetarian options Available - Door #3 & #4

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